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Mark your calendars!
Professional Practice Conference
Toronto, ON
Feb 2-5, 2019
Banff Seminar
March 15-17, 2019

What does Alberta mean to you??
Send in your photos of Alberta for a chance to have them featured in our next newsletters and on social media! Email them to: Lesley.beique@ahs.ca

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CSHP Executive for 2017-2018
As of the AGM held October 20, 2018 in Winnipeg, MB, the following individuals form the CSHP Executive for the 2018-19 year:

President – Doug Doucette (Moncton, NB)
President-Elect – Tania Mysak (Edmonton, AB)
Past President – Patrick Fitch (Winnipeg, MB)
Treasurer – Christina Adams (Cornwall, ON)
Executive Director – Myrella Roy until December 2018, then Jody Ciufa (Ottawa, ON) from January 2019

Financial Position
2017-18 fiscal year ended with a deficit of $138,798 (planned $118K). Decline in membership and sponsorship (PPC) was largely responsible. Budgeted deficit for 2018-19 is $310K, which is based on maintaining current services and no growth in membership.

Membership
Membership with CSHP remains strong nationally with 2721 current members, 46 non-student supporters and 434 student supporters, a decline of 3.7% from the previous year. Efforts to grow membership will be ramped up.

Strategic Planning
The strategic plan currently in place covers the 2015-2020 term. The new strategic planning cycle will begin in fall 2019.

Committees
Restructuring of overall CSHP committee structure; this work resumed in Fall 2018.
The Board approved a motion to strike a task force to determine how CSHP can meet the relevant calls to action of the Truth and Reconciliation Commission of Canada (TRC).

CSHP Executive Director/CEO Search
Myrella Roy retired in December 2018, after 15 years in the Executive Director role. A selection process has successfully concluded with the appointment of Jody Ciufa as the new CSHP CEO. The title will be updated to CEO to align with other associations.

Excellence Program
Survey results were published and are now available on the CSHP website. Targets for priority theme measures identified and approved: Align with patient/members' survey results, cpKPI survey results in Hospital Pharmacy in Canada report, CSHP members' ranking of principles.
In addition:
· Choosing Wisely - Seven recommendations were adopted.
· Excellence Express newsletter - Circulation has commenced and will communicate both the Excellence Program targets and Choosing Wisely recommendations.
· PPC - Two plenary sessions will be hosted.
· Next steps - CSHP membership and its composition will be reviewed, and tips and tools for members will be developed and circulated.

Opioid Crisis
CSHP has published a Medication Optimization Briefing on safe transitions of care with opioids and continues to advocate Health Canada to designate pharmacists as practitioners, which allows prescribing of controlled substances.

Professional Practice Conference
PPC 2019, Feb 2-5, 2019 in Toronto, ON, marks the 50th anniversary of this conference.

Upcoming CSHP Events
The next AGM will be held in Fall 2019 in Halifax and Dartmouth, NS.
MEMBERSHIP HIGHLIGHTS

Celebrating our 25-year CSHP members

Jennifer Lowerison graduated from Dalhousie University in 1988 and then obtained her PharmD in 1997 from SUNY in Buffalo.

The first medication order she remembers finding an error on as a practicing pharmacist was for gentamicin 480 mg IV q6H. This was in the early-mid 1990s when once-daily aminoglycoside dosing was still taking a laxative.

Over the course of her career, she is most proud of being a part of the first outpatient VTE treatment clinic at Peter Lougheed Centre in 1998 as a pharmacist, along with a Calgary Regional Health Authority pharmacist colleague, Borys Sydoruk. The first VTE patient was admitted to the clinic on December 9, 1998 – 20 years ago!! And that clinic grew and morphed into the current day Calgary Zone-wide Anticoagulation Management Services.

Thanks for being a valued CSHP member, Jennifer!

*We would like to apologize for the wrong photo of Cyndy Brocklebank that was published originally. The photo has now been changed to the correct Cyndy!

Cheryl Gelinas graduated in 1981 from the University of Alberta.

Some of the first things she remembers from the very beginning of her career in 1993 were the implementation of a Home Parenteral Therapy Program, cross-sensitivity between penicillins and cephalosporins, expiry dates of multi-dose vials, a formulary review on ancrod for use in HIT, and a formulary request for budesonide nebulus.

The thing she is most proud of from her time as a pharmacist is being a preceptor. It always warms her heart when she sees names of the students and residents that she precepted pop up.

Cyndy Brocklebank graduated with her Pharmacy degree in 1990 from the University of Alberta.

The first medication order she remembers finding a drug related problem on was nifedipine regular release (back when the XL didn’t exist – yes, there was a time).

She is personally most proud of obtaining her APA within 4 months of returning from maternity leave back in 2008. Professionally, she is proud of every connection she has ever made with a patient that was able to make a difference to them, big or small, or make them smile.

Way to go, Cyndy! *

Deana Sabuda obtained her BSP from the University of Saskatchewan in 1995 and has been a student member of CSHP from 1993!

The first drug-related problem that she remembers catching was from her hospital residency - pointing out to the infectious diseases physician that a patient being treated for C. difficile was still taking a laxative.

There have been several proud moments in her career, but one that still stands out is procuring and admixing intravenous chemotherapy for a patient at the remote Inuvik Regional Hospital circa 1999. This was so that the patient could stay closer to home (he was from a farther remote community), and would not need to fly 2.5 hours to Yellowknife. There were no technicians. She took the cobwebs off an old laminar flow hood, "inspected it", and proceeded with the task. Great work!

Congratulations on 25 years with CSHP!
MEMBERSHIP HIGHLIGHTS
Celebrating our 25 year CSHP members

Donna Galvin graduated from the University of Alberta in 1964 with her BScPharm, then went on to complete a one-year internship at the Medical Arts Pharmacy in Edmonton with Mary Cuthill, one of the first female pharmacists in Alberta and a formidable mentor. She was then convinced by Walter Maday, then director of pharmacy, to join the staff of the University Hospital where, with Alan Samuelson as resident, she learned a lot more. After some time in Ontario at the Westminster Hospital and retail practice, in 1986, she went back to her first love, hospital pharmacy at the General Hospital in Calgary with Bryce Thompson as director. The role of Clinical Pharmacist on the medical teaching unit was her "baby" and she honed her clinical skills. In 1993, she left the hospital and started her own consulting company, which is still operational.

Donna has been an active member of CSHP since 1987, attending many conferences and continuing education events over those years, including council membership and a stint as President of Alberta Branch. She has found that CSHP has provided camaraderie with pharmacists of similar interests, exceptional continuing education opportunities and fun!

Donna is most proud of her role in helping to forge a clinical path for pharmacists in Alberta.

EBM TOP 10

1. Evaluation and Management of Penicillin Allergy: A Review
2. Effect of a Pharmacist-Led Educational Intervention on Inappropriate Medication Prescriptions in Older Adults - The D-PRESCRIBE Randomized Clinical Trial
3. 2018 Focused Update of the Canadian Cardiovascular Society Guidelines for the Management of Atrial Fibrillation
4. Effectiveness of Pharmacist Interventions on Cardiovascular Risk in Patients With CKD: A Subgroup Analysis of the Randomized Controlled RxEACH Trial
5. Impact of Deprescribing Rounds on Discharge Prescriptions: an Interventional Trial
6. Non–Vitamin K Antagonist Oral Anticoagulants in Patients With Atrial Fibrillation and Thrombocytopenia
7. Vitamin D Supplements and Prevention of Cancer and Cardiovascular Disease
8. The Titration and Tolerability of Sacubitril/Valsartan for Patients with Heart Failure in Clinical Practice
9. Diabetes Risk in Childhood Cancer Survivors: A Population-Based Study
10. Contributions of Prescribed and Non-Prescribed Opioids to Opioid-related Deaths: Population Based Cohort Study in Ontario, Canada
The 2019 Banff Seminar Planning Committee is excited to welcome you to the 45th Annual CSHP Western Branches Banff Seminar! Our conference will take place in Banff, Alberta from March 15-17, 2019 under the theme of “Come Together”. There are many changes taking place across the Western Branches that are affecting the practice of pharmacy and we want to highlight the importance of coming together in these times of change, to unite as colleagues, peers, and team members.

We have a tremendous educational program lined up this year, combining engaging presentations with opportunities to network and socialize with your peers. In keeping with tradition, Friday afternoon will host a moderated panel that will kickstart a discussion on succession planning in the profession of pharmacy. We will also hear from a colleague who practices in New Zealand on his experiences in implementing an electronic clinical information system down under! We will wrap up the day with our ever popular Friday evening social event where we invite you to dress up in wear that reflects your heritage as we showcase our diversity from around the world.

Saturday morning will see our keynote speaker, Michael Landsberg, speak to lifting the stigma when it comes to mental illness and depression. As healthcare providers, we play a huge role in coming together for our patients in this regard and are looking forward to hearing Michael’s experiences. Our Saturday program will remain extended this year to host our second year of facilitated posters and will be followed by the annual Saturday night banquet where we’re happy to announce that we’re bringing back casino night! The shorter Sunday program will wrap up the conference weekend. We encourage you to check out our entire educational program which is posted online at https://eventmobi.com/banffseminar2019/.

We look forward to seeing everyone come together once again in beautiful Banff, Alberta this upcoming spring!

Serena Bains  
Chair, 2019 CSHP Western Branches Banff Seminar

Introducing a new publication available to CSHP members, the Canadian Medication Optimization Briefing! This peer-reviewed, 2-page brief is a quick-reference on specific topics in clinical pharmacy practice.

Learn more about "Safe Transitions of Care for Patients Taking Opioids" by clicking on the link.
CSHP Alberta Student Initiatives 2018 and 2019

CSHP-AB continues to have a strong presence on the University of Alberta campus with great support from members in all four years of pharmacy. The student committee this year is led by Jordan Kelly, who has been actively advocating for hospital pharmacy across campus.

Fall term 2018 was a busy semester for the CSHP Student Committee. It held the annual membership drive in early October and 172 pharmacy students attended, which filled up the lecture hall to its capacity. Student pharmacists were also matched with pharmacy mentors from across the province as part of the CSHP-AB Host Program. CSHP-AB Student Committee would like to thank the mentors who volunteered their time and effort into supporting this great learning initiative.

For the first time this year, the student committee held a student-to-student mentorship event where six students shared their experiences in hospital pharmacy and provided tips and tricks on how other students can best align themselves to get summer positions. This was a very successful event with around 70 students attending.

With the new semester started, the student committee has been hard at work planning the next wave of CSHP-AB student events, including the infamous Career Night on April 3rd, the Residency Info Session on March 6th, the Evidence Based Practice Competition, and of course the Banff seminar in March.

Mina Nagib,
Student Member
CSHP-AB Communications Committee

Jordan Kelly,
Student Member
CSHP-AB Student Committee Chair

Student Mentorship Event

CSHP-AB Student Membership Drive