



**Come
Together**

March.15-17.2019
CSHP 45TH ANNUAL BANFF SEMINAR



The 2019 Banff Seminar Planning Committee is excited to welcome you to the 45th Annual CSHP Western Branches Banff Seminar!

Our conference will take place in Banff, Alberta on March 15-17, 2019 under the theme of “Come Together”. There are many changes taking place across the Western Branches that are affecting the practice of pharmacy. It is important in these times of change, that we come together to unite as colleagues, peers, and team members to empower one another. In keeping with this theme, we are excited to announce that we will be hosting our first ever technician-led concurrent session!

We have a tremendous educational program lined up this year, combining engaging presentations with opportunities to network and socialize with your peers. Friday afternoon will bring back a moderated panel that will kick start a discussion on succession planning in the profession of pharmacy. We will also hear from a colleague that practices in New Zealand on his experiences in implementing an electronic clinical information system down under! We will wrap up the day with our ever popular Friday evening social event. Saturday morning will see our keynote speaker, Michael Landsberg, speak to lifting the stigma when it comes to mental illness and depression. As healthcare providers we play a huge role in coming together for our patients in this regard. Our Saturday program will remain extended this year to host our second year of facilitated posters. This will be followed by the annual Saturday night banquet and a shorter Sunday program. We are happy to announce that we are seeking CCCEP accreditation for both pharmacists and pharmacy technicians!

The Banff Seminar Planning Committee is made up of 16 volunteers who dedicate their time and resources throughout the year to bring this conference to life. I would like to extend thanks to all of them for their incredible hard work, creativity, and collegiality. The speakers, the social events, the fundraising, and the logistics would not be possible without their commitment.

Our committee would also like to take this opportunity to extend a huge thank you to our industry partners. Their sponsorship of the CSHP Banff Seminar allows us to come back to Banff every year and offset our conference expenses. Their sponsorship also allows us to keep our registration fees for the conference at an affordable level for all our attendees.

Last, but certainly not least, our committee would like to thank all of the pharmacists, pharmacy technicians, and students that support this conference! The ability to come together, in one venue, annually is such a wonderful opportunity and is only possible with your ongoing support and attendance.

I look forward to seeing everyone come together once again in beautiful Banff, Alberta this upcoming spring!

Serena Bains

CHAIR, BANFF SEMINAR PLANNING COMMITTEE



Day One

FRIDAY, MARCH 15, 2019

1100-1700

Registration Desk Opens

1300-1315 (15 MIN)

Opening Remarks

Serena Bains, Chair, Banff Seminar Planning Committee

1315-1330 (15 MIN)

Greetings from CSHP and The CSHP Foundation

Tania Mysak, CSHP President-elect
Lori Romonko Slack & Gaylene Jeannot

1330-1415 (45 MIN)

Featured Plenary

From Paper to Pixels - Transitioning to Electronic Medicine Solutions: The Christchurch Experience

Over the past six years the CDHB has implemented several electronic medicine solutions, replacing paper-based systems for medication prescribing, ordering and administration, medication histories and reconciliation, oncology prescribing, and notes. This presentation will highlight where we were, how we got to where we are, and the gains and losses we experienced with our digital systems.

Allan Edwards, BSc(Pharm), PharmD, CD, @CdnDwnUndr, Pharmacy Professional Manager, Canterbury District Health Board, Christchurch, New Zealand

1415-1500 (45 MIN)

CADTH and Scientific Advice

HTA agencies such as CADTH have an ever expanding role when it comes to provision of quality pharmaceutical care. This presentation will provide an overview of CADTH products and services, explain how pharmacists can access, use or generate these services, and describe the Early Scientific Advice process. CADTH provides health care decision makers with objective evidence to help make informed decisions about the optimal use of health technologies, including drugs, tests and devices. In addition to evidence, CADTH provides advices, recommendations and tools. CADTH engages with clinicians and patients through all products and services. In addition to Drug Reimbursement Recommendations, and Health Technology Management, in 2015, CADTH launched an Early Scientific Advice program. This program is a voluntary, non-binding, and confidential fee-for-service consultation process that engages clinical and economic experts as well as CADTH methodologists in early dialogue about the drug development process.

Colette Raymond, BSc(Pharm), PharmD, MSc, ACPR, FCSHP, Scientific Advisor, CADTH

1500-1530 (30 MIN)

Break

1530-1700 (90 MIN)

Featured Plenary and Moderated Panel Discussion

Succession Planning in Pharmacy

In this 90 minute interactive panel discussion on Succession Planning within Healthcare organizations, participants will have the opportunity to better understand the importance of organizational succession planning and why it is critical to maintain the level of care we provide within our systems. Panel members will share the current level of preparedness among Canadian Hospital Pharmacy departments surrounding succession planning, as well as the sense of urgency that exists among Canadian Hospital Pharmacists. The discussion will also allow participants to gain an appreciation for what succession planning is, discuss formal and informal succession planning strategies, and how the development of succession plans can lead to positive employee and patient impacts within our systems.

In addition, participants can expect to learn about organizational strategies to effectively identify and develop potential successors, and how pharmacists might prepare themselves for future leadership roles. Strategies contained within the literature will be discussed, and participants will be challenged to reflect upon how these may or may not fit within their organizations. Personal perspectives and authentic case examples related to succession planning and leadership development will also be shared, allowing participants to understand how the theory of succession planning has been applied within healthcare teams.

Finally, participants will have the opportunity to learn about organizational and personal barriers, both perceived and real, that exist in succession planning, and how these challenges may be addressed within our systems.

Jon Cummings, BSc(Pharm), MA, CHE, Manager, Ambulatory Pharmacy Services Calgary Zone, Alberta Health Services, AB

Zack Dumont, BSP, ACPR, MS, Clinical Support Pharmacist, Regina General Hospital, Saskatchewan Health Authority, Regina, SK

Bruce Millin, BSc(Pharm) ACPR, Executive Director Lower Mainland Pharmacy Services, Provincial Health Services Authority (PHSA), Langley, BC

Lalitha Raman-Wilms, BScPhm, ACPR, PharmD, FCSHP, Dean, College of Pharmacy, Rady Faculty of Health Sciences, University of Manitoba, Winnipeg, MB

1900

Cocktail Reception



Day Two

SATURDAY, MARCH 16, 2019

0800-1200

Registration Desk Opens

Exhibits Open

0800-0815 (15 MIN)

Opening Remarks

Serena Bains, Chair, Banff Seminar Planning Committee

0815-0915 (60 MIN)

Keynote Plenary

Darkness and Hope: Depression, Sports and Me

Michael Landsberg was the charismatic and outspoken host of TSN's *Off the Record*—and from watching his show, you'd never guess that he has been battling mental illness and depression for most of his life. Lifting the stigma from this topic, Landsberg delivers a powerful and personal keynote on the dangerously misunderstood issues of depression and mental health. Depression can affect even the most successful of athletes—from Clara Hughes, one of the great amateur athletes in Canada, to four-time World Series winner Darryl Strawberry. Landsberg shares the story of his own battle with mental illness, as well as the unexplored stories of some of the world's most recognizable sports figures, to show us that recovery, strength and hope are possible in some of our darkest times.

Michael Landsberg, [@heylandsberg](#), [@SickNotWeak](#)

0915-1015 (60 MIN)

Break and Facilitated Posters

1015-1100 (45 MIN)

Management Principles of Acute Pain in People Stabilized on Buprenorphine

Buprenorphine is quickly becoming a popular treatment for opioid use disorder and chronic pain. However, difficulty arises in the treatment of acute pain due to buprenorphine's high affinity for, but low stimulation of opioid receptors. This presentation will give information on how to manage acute pain in people stabilized on buprenorphine.

Nathaniel Morin, BSc(Pharm), Pharmacist, Pharmacy Service, South Health Campus, Calgary, AB

1100-1145 (45 MIN)

Confronting Opioid Use Disorder: Utilizing the Emergency Department to Combat the Epidemic

Opioid use disorder is a chronic and relapsing condition which has presented a major challenge to the health care system. Information from Health Canada indicated that in 2017, there were 10.9 per 100,000 opioid related deaths (34% increase from 2016). Many harm reduction strategies that have been implemented to help combat this epidemic (naloxone kits, safe injection sites) however, are insufficient on their own. National organizations are supporting the use of opioid agonist therapy (in particular buprenorphine-naloxone) as the mainstay of treatment. Current literature suggests that opioid agonist therapy may be initiated in the emergency department – this has resulted in greater treatment retention, lower self-reported relapse rates and reduced overdoses compared to brief intervention or referral to clinic.

Will Nevers, BSc(Pharm), ACPR, PharmD, [@Will_Nevers](#), Clinical Pharmacy Specialist: Critical Care and Emergency Medicine, Interior Health, Kelowna, BC

1145-1315 (90 MIN)

Lunch Break and Satellite Symposium

1315-1400 (45 MIN)

Concurrent Sessions

Technicians and Accountable Ownership of Dispensary

Together, we will explore the concept of Pharmacy technicians supporting the full-scope of practice for pharmacies, through ownership of dispensary activities. We will gain clarity on the role of pharmacy assistants, and discuss the oversight and accountability and how to use this group effectively.

Together we will explore opportunities for technicians to work as autonomous professionals, and how the relationship and teamwork within the dispensary and clinical activity can be optimized.

Dana Lyons, RPhT, [@DanaLLyons](#), Technical Practice Manager, Provincial Operations Alberta Health Services, Calgary, AB

Partnering with Parents

Experiences as a member of a child's care team will be presented and experiences of coming alongside the multiple caregivers met on a child's medical journey will be shared.

Melinda Elgot, Volunteer with Stollery Children's Hospital, Alberta Health Services, Edmonton, AB



Day Two Continued

SATURDAY, MARCH 16, 2019

1400-1415 (15 MIN)

Break

1415-1500 (45 MIN)

Concurrent Sessions

Come Together, Right Now, I Need a New AED

This presentation will review the efficacy, safety, and tolerability literature for the relatively new antiepileptic drugs such as eslicarbazepine, brivaracetam, and perampanel. Place in therapy of the medications will be reviewed by tying information to patient cases.

Katelyn Halpape, BSP ACPR PharmD BCPP, [@khalpapefung](https://twitter.com/khalpapefung), Assistant Professor, University of Saskatchewan, Saskatoon, SK

Psychiatric Effects of Cannabis

This presentation will explore different types of cannabis plants, endo-cannabinoid system, differences between psychiatric effects of cannabidiol vs. tetrahydrocannabinol, and ways for harm reduction when using cannabis.

Reza Rafizadeh, BSc(Pharm), RPh, ACPR, BCPP, Clinical Pharmacist, Burnaby Centre for Mental Health & Addiction, Vancouver, BC

1800

Cocktail Reception and Banquet



Day Three

SUNDAY, MARCH 17, 2019

0800-1000

Registration Desk Opens

Exhibits Open

0800-0815 (15 MIN)

Opening Remarks

Serena Bains, Chair, Banff Seminar Planning Committee

0815-0915 (60 MIN)

Featured Plenary

Better Everyday: Pharmacist roles in patient safety and culture

Come along for an exploration of concepts in patient safety, a review of taking terminology from text book to practice, and a discussion of how the pharmacist can have a role in supporting a culture of safety.

Jennifer Wiebe, BSc(Pharm), MPH, PharmD, Medication Quality and Safety Pharmacist, Covenant Health, Edmonton, AB

0915-1000 (45 MIN)

Break

1000-1045 (45 MIN)

New Clinical Trials of 2018-19

Critical care, primary care and all levels and intensity of care in between, the new clinical trials published in 2018 have the potential to impact multiple areas of practice. The strengths and limitations of a select number of trials will be presented in this session, and implications across the continuum of care will be discussed. The aim of this presentation is to leave you with the pearls to further build on your foundation as a clinical pharmacist in your respective area of practice.

Brittani Prete, BSP, ACPR, [@brittprete](#), Clinical Pharmacist, Saskatchewan Health Authority, Regina, SK

1045-1130 (45 MIN)

Drug Misadventures in the Elderly

The older the patient, the more complicated their medical conditions and medications. As patients age there is an ongoing need to review their medications and ensure that the risk of adverse drug events are minimized. This presentation is a series of unfortunate cases which provide good learning opportunities so that we avoid making the same mistakes in the future!

Greg Egan, BSc(Pharm) ACPR PharmD BCGP, [@Gregor_Egan](#), Clinical Pharmacy Specialist - Geriatric Medicine, Vancouver General Hospital, Vancouver, BC

1130-1145 (15 MIN)

Closing Remarks

Serena Bains, Chair, Banff Seminar Planning Committee



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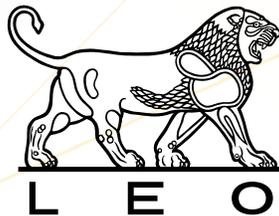
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