



PHARMACY STUDENT INTERNSHIP WITH CSHP

AN INSPIRING, HORIZON - BROADENING EXPERIENCE

The student summer internship with CSHP has been a fantastic experience. I would highly recommend it to all pharmacy students. During my time at CSHP I have gotten a broad overview of the organization's role in advocating for the profession of hospital pharmacy. Through the generosity of CSHP I was also able to attend PPC 2019 in Toronto, where I was immersed in the many opportunities that come with a career in hospital pharmacy.



Through the close mentorship of the Director of Professional Practice, Cathy Lyder, I worked on CSHP's publications and website. I had the privilege to assist in developing CSHP's updated latex allergy guidelines and updating CSHP's position statement on the head of hospital pharmacy services. (Stay tuned for more to come on those!) I also got to be involved in member engagement activities. I wrote health promotion social media posts for CSHP for the upcoming year and articles to encourage members to get involved. I also did membership renewal reminder phone calls, you may have heard from me!

Along with my projects, I joined many committee meetings to learn how the work of CSHP gets done. I attended Compounding Steering Committee meetings, Excellence Steering Committee meetings, and many more. I was amazed to see the volunteer efforts of passionate hospital pharmacists translate into valuable insights for CSHP meetings with regulatory bodies, such as Health Canada. It was inspiring to see how, through maintaining involvement with CSHP, I could help contribute to shaping the future of pharmacy practice. CSHP is an important voice in the pharmacy community – as evidenced particularly when we received a phone call from a news outlet to give our input on Trump's drug importation plan.

Visits to CADTH, NAPRA, and The Ottawa Hospital gave me further insight into pharmacy regulatory affairs and hospital pharmacy practice. I'm so appreciative of the people who coordinated my visits and spent time giving me an overview of their organizations.

I cannot thank CSHP staff enough for providing me with so many learning opportunities. I especially wish to thank Cathy Lyder for her dedication to hospital pharmacy practice and pharmacy student learning. I wish everyone had the opportunity to work in such a positive, supportive work environment. If you're an eligible pharmacy student, I would definitely recommend applying!

Catherine Grandy

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